

From NORTON PROFESSIONAL BOOKS and author LINDSEY BIEL

SENSORY PROCESSING CHALLENGES ***Effective Clinical Work with Kids & Teens***

Sensory issues are gaining attention because they are a hallmark symptom of autism. Yet many kids, teens, and adults who aren't autistic struggle with sensory challenges. These challenges can masquerade as—or accompany—other psychiatric conditions such as OCD, anxiety, or Asperger's, clouding the clinical picture both in terms of diagnosis and intervention.

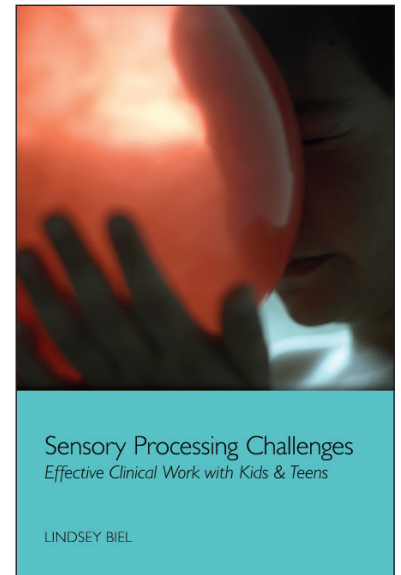
In this much-needed book, Lindsey Biel gives clinicians, teachers, and parents a practical, easy-to-follow roadmap to understanding Sensory Processing Disorder (SPD). Readers will learn about sensory issues ranging from auditory hypersensitivity and tactile defensiveness to impaired multisensory processing; understand how sensory issues drive behavioral problems and their role in psychiatric and developmental diagnoses; recognize triggers and patterns to proactively manage meltdowns; implement therapeutic sensory programs and environmental modifications to help children feel and function better; increase client, family, and school understanding of sensory issues and their ability to communicate sensory challenges and strategies.

Filled with clinical insights, real-life solutions, checklists, and illuminating case vignettes, this book sheds light on a critical aspect of child behavior—sensory experiences—empowering readers with the tools necessary to help their clients and loved ones become more comfortable and confident in their daily lives.

“I know firsthand how distracting, disruptive, and painful sensory issues can be. Lindsey Biel provides loads of much-needed practical advice to help children with sensory challenges.” —**Temple Grandin**, author of *The Autistic Brain and Thinking in Pictures*

“Practically focused and well-written, *Sensory Processing Challenges* provides many strategies for assessment and management. It makes excellent use of a growing body of research in the field and will be an invaluable resource.” —**Fred R. Volkmar, MD**, Chief of Child Psychiatry at Yale New Haven Hospital; Editor-in-Chief, *Journal of Autism and Developmental Disorders*

LINDSEY BIEL, MA, OTR/L, is a pediatric occupational therapist in private practice in New York City. She is co-author of *Raising a Sensory Smart Child* and co-creator of the Sensory Processing Master Class DVD series, and presents at workshops for parents and professionals.



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